

## Automated BP Machine - in Reception

If you need a blood pressure check you may be advised and encouraged to utilise the automated blood pressure machine that is available in reception. Utilising this facility when appropriate instead of booking appointments with the Practice Team will help us work more efficiently and enable us to improve access to appointments when patients do need to be seen by a clinician. Thank you for your co-operation.



## Appointments - At the Surgery

Every week we offer approximately 1000 GP and Nurse Clinician appointments over our 4 sites. These are either:

- **routine** appointments for non urgent problems/reviews which can be booked up to 6 weeks ahead,
- or **urgent** appointments if you have a medical emergency, which can be booked on the day required.
- We also offer a triage system from 12.30 to 6.00 pm each day.
- **Telephone appointments** can be arranged for you to speak to a clinician on the telephone at your request.

**Home Visits** are available on request for those who are too unwell to come to surgery, by ringing ideally before 11.00 am. An early call will enable the doctor to organise the best time to visit you at home. The home environment is less suitable than the surgery for carrying out examination and diagnosis. For this reason, the doctor will decide whether telephone advice, attendance at surgery or a home visit is the best course of action.

Our Practice Nurses are skilled at chronic disease management and will help you in controlling/reviewing your condition.

## Love Your Liver in 3 simple steps .....

The Love your Liver campaign is a national awareness initiative by a national charity, the British Liver Trust. We each have responsibility for our own health, follow the steps below to achieve a healthier liver.

1. Keep off alcohol for 2 to 3 days in a row
2. Take more exercise and stay fit
3. Cut down on sugar and fat

For more information see [www.loveyourliver.com](http://www.loveyourliver.com)

Newly registered patients over 16 years are routinely asked to complete a questionnaire about their alcohol consumption.



## Contact Details

Do we have your up-to-date contact details for your home or latest mobile number?

Please let us know so we can update your records.



## Patient Participation Group

Patient participation is a unique partnership between patients, GPs and their practice which is essential to aid practice developments. **Patient Participation Groups (PPGs)** work in partnership with their practices to:

- help patients to take more responsibility for their health.
- contribute to the continuous improvement of services and quality of care
- foster improved communication between the practice and its patients
- provide practical support for the practice and help to implement change

Our patient group has met regularly since 2004 and has achieved a fantastic amount over this period, covering a range of topics and helping us to develop. This year from patient group funds, the group has purchased leaflet display holders for all sites to promote Staffa Health service information, and some additional more supportive seating for Holmewood, Pilsley and Stonebroom sites.



Mrs Margaret Phillips who has been involved with the group since the beginning has now officially resigned from her post as Secretary/Treasurer, we would like to thank her for all her efforts over many years. Dr Gadsden presented Margaret with a bouquet of flowers as thanks from the surgery.

The National Association for Patient Participation (NAPP), is an organisation which aims to get patients involved in decision making in the NHS. Staffa Health is one of 960 practices affiliated to NAPP with a further 900+ practices having benefits through the joint membership of 22 Clinical Commissioning Groups (CCGs). At our PPG meetings, we have regular attending members and are always keen to encourage new members and develop greater opportunities for patients participation in changes at Staffa Health. We would particularly appreciate interest from parents with young children and teenagers.

## Donation - Thank you

Staffa Health would like to thank Mrs Patricia Pepper and family for the donation in memory of her husband John Pepper and son Tony Wood. The money will be used to purchase specialist portable equipment which can be used by the District Nurses for housebound patients in the community.

**Edited by Claire Halksworth, Practice Administrator. For news, comments or feedback telephone: 01773 309040 or email: [claire.halksworth@nhs.net](mailto:claire.halksworth@nhs.net)**

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